Meet the Coach

Chris Polowy, a native of Elk Grove Village, Illinois, is entering his fifth year as head coach of the Brookfield East volleyball program and his eighth year as a high school volleyball coach. Coach Polowy also has club coaching experience that lead an 18's team to top 10 in the region in 2008.

Chris was a four-year member of the Northern Illinois University men's volleyball team. He played at Elk Grove High School where he earned All-Area and All-Conference honors.

Emily Polowy, Chris' wife, is the varsity assistant coach at BEHS. She played volleyball at DSHA in Milwaukee and was recruited to continue her career at Northern Illinois University.

2011 Spartan Season Highlights

- 7th place out of 28 at the UW-Whitewater Invite
- Third straight season with at least 20 wins
- 3 athletes awarded All-Conference honors

Brookfield East High School

Girls Volleyball Camps
3305 North Lilly Road
Brookfield, WI 53005

Brookfield East

2012 LADY SPARTAN SUMMER VOLLEYBALL CAMPS

Brookfield East High School

Main Office: 262.781.3500
Athletic Office: 262.781.1045
Head Coach: Chris Polowy
E-mail: polowyc@elmbrookschools.org

Spartan Girls Volleyball Camp ♦ Summer 2012

Camp Philosophy

Fundamentals are an essential part of any successful athletic program. The volleyball coaching staff at Brookfield East will assist in the development of these fundamental skills while working toward mastery. Each camper's skills will be evaluated in order to provide the best instruction possible.

This is a general skills camp for all levels and positions. Athletes will have FUN, yet be challenged, while learning basic volleyball skills such as passing, team defense, serving, setting, and attacking. We are excited to instill good volleyball habits in all our campers so they will fall in love with the sport like we have.

Camp Goals

- Develop basic volleyball skills
- Provide challenging drills to allow each camper the opportunity to grow as a player
- Allow opportunities for campers to play as a team to instill good team concepts
- Make new friends and **HAVE FUN**!!!

Campers Should Come With:

- Appropriate practice attire (gym shoes, shorts, t-shirt, knee pads, etc.)
- Water bottle to keep hydrated
- Positive attitude and eagerness to learn!

B'EASTvb

Campers Will Leave Camp With:

- Improved knowledge of the game
- Camp t-shirt
- Pass for a BEHS Girls Volleyball home match

All sessions run <u>June 18th - June 21st</u> in the *Brookfield East Field House*. The cost is $65.

Check-in will occur on the first day 15 minutes before the session starts.

		Session Times:
☐	Session 1: Incoming 5th & 6th Grade	**10:30am - 12:30pm**
FULL ☐	~~Session 2: Incoming 7th & 8th Grade~~	~~**1:30pm - 3:30pm**~~
☐	Session 3: Incoming 9th Grade	**4:00pm - 6:00pm**

Each session is limited to the first 28 girls . Detach registration and submit to address on back along with check made payable to BEHS Girls Volleyball by <u>Friday, June 1st.</u>

Player's Name:

Parent/Guardian Name:

Address: City/Zip:

Home Phone: Cell:

Grade entering in fall:

Email (will be used for camp confirmation):

Shirt size (circle one): YM YL S M L XL

Participation and Liability Waiver:

In consideration of BEHS, its coaches, and representatives, I hereby release responsibility for any injuries or illness of my daughter existing prior to her participation in this camp. I understand the rigorous athletic activity in which she will be involved. I, on behalf of myself and daughter, hereby release BEHS from all claims for injury or property damage which may be sustained while participating in this camp. I hereby authorize medical staff to attend to any injury sustained while participating in any and all activities. I understand the expectation of my daughter to be on time in this camp and will communicate any absence prior to the date through email or otherwise.

<u>Signature:</u> **<u>Date:</u>**