

Eating and Feeding Evaluation Form: Children and Youths with Special Dietary Needs

PART A			
Child's/Youth's Name	Age		
Name of Center			
Does the child/youth have a disability ? If Yes, describe the major life activities affected by the disability.	Yes	No	
Does the child/youth have special nutritional or feeding needs? If Yes, complete Part B of this form and have it signed by a licensed physician or other licensed health care professional .	Yes	No	
If the child/youth is not disabled , does the child/youth have special nutritional or feeding needs? If Yes, complete Part B of this form and have it signed by a recognized medical authority .	Yes	No	
If the child/youth does not require special meals, the parent can sign at the bottom and return the form to the center.			
PART B			
List any dietary restrictions or special diet.			
List any allergies or food intolerances to avoid.			
List foods to be substituted.			
List foods that need the following change in texture. If all foods need to be prepared in this manner, indicate "All." Cut up or chopped into bite size pieces: Finely ground: Pureed:			
List any special equipment or utensils that are needed.			
Indicate any other comments about the child's /youth's eating or feeding patterns.			
Parent's Signature			Date:
Parent's Printed Name and Phone Number			
Physician or Medical Authority's Signature			Date:
Physician or Medical Authority's Printed Name and Phone Number			

[Child Care Guidance Memorandums](#)

Under Section 504 of the *Rehabilitation Act of 1973*, and the *Americans with Disabilities Act (ADA)* of 1990, a "person with a disability" means any person who has a physical or mental impairment which substantially limits one or more major life activities, has a record of such an impairment, or is regarded as having such an impairment. The term "physical or mental impairment" includes many diseases and conditions, a few of which may be:

- orthopedic, visual, speech, and hearing impairments;
- cerebral palsy;
- epilepsy;
- muscular dystrophy;
- multiple sclerosis;
- cancer;
- heart disease;
- metabolic diseases, such as diabetes or phenylketonuria (PKU);
- food anaphylaxis (severe food allergy);
- mental retardation;
- emotional illness;
- drug addiction and alcoholism;
- specific learning disabilities;
- HIV disease; and
- tuberculosis.
- Impairment with major bodily functions (*per the American with Disabilities Act Amendments Act of 2008 (ADAAA), P.L. 100-325*) including functions of the immune system, normal cell growth, digestive, bowel, bladder, neurological, brain, respiratory, circulatory, cardiovascular, endocrine, and reproductive functions.

Major life activities covered by this definition include caring for one's self, eating, performing manual tasks, sleeping, standing, walking, lifting, bending, seeing, hearing, speaking, breathing, learning, reading, concentrating, thinking, communicating, and working.

The term child/youth with a "disability" under Part B of the *Individuals with Disabilities Education Act (IDEA)* means a child/youth evaluated in accordance with IDEA as having one or more of the recognized thirteen disability categories and who, by reason thereof, needs special education and related services. The disabilities include:

- autism;
- deaf-blindness;
- deafness or other hearing impairments;
- mental retardation;
- orthopedic impairments;
- other health impairments due to chronic or acute health problems, such as asthma, diabetes, nephritis, sickle cell anemia, a heart condition, epilepsy, rheumatic fever, hemophilia, leukemia, lead poisoning, tuberculosis;
- emotional disturbance;
- specific learning disabilities;
- speech or language impairment;
- traumatic brain injury; and
- visual impairment; including blindness which adversely affects a child's educational performance, and
- multiple disabilities.

Attention deficit disorder or attention deficit hyperactivity disorder may fall under one of the thirteen categories.

Classification depends upon the particular characteristics associated with the disorder and how the condition manifests itself in the child/youth, which will determine the category.

In Cases of Food Allergy

Generally, children/youths with food allergies or intolerances do not have a disability as defined under either Section 504 of the Rehabilitation Act or Part B of IDEA, and the center may, but is not required to, make food substitutions for them. However, when the licensed physician or other licensed health care professional indicates that child's/youth's food allergies may result in severe, life-threatening (anaphylactic) reactions within his/her assessment, the child's/youth's condition would meet the definition of "disability," and the substitutions prescribed by the licensed physician or other licensed health care professional must be made by the center.