

Mary Linsmeier Schools, Inc.
Illness/Exclusion Policy

We realize it is not easy to take off of work when your child is ill but when a child shows signs of a possible serious, and/or contagious illness it is necessary and much more comforting for her/him to be resting at home.

We will call you to pick up your child within the hour if they have any of the following symptoms:

- Temperature over 100.0 axillary temperature.
- More than two diarrhea stools in a two hour period in the infant/toddler room, and/or one diarrhea stool in the preschool room
- Vomiting
- Discharge from the eyes – Child may only return with a physicians release or have been on medication for 24 hours
- Two or more of the following: Profuse and/or colored nasal discharge, croupy or barking cough, unusual lethargic behavior.
- Any unidentified skin rash
- Open or blistered cold sores
- Any sign of chicken pox or any other communicable illness (i.e. impetigo, head or body lice, ring worm). The health department also needs to be notified. A signed release form must be given to the center before they will be allowed to return.

Definitions of Symptoms

Temperature- If your child is running an axillary (armpit) temperature of 100.0 or higher you will be called to pick him/her up within one hour. Your child can return to daycare after he/she has been fever free for 24 hours without the aid of fever reducing medications.

Diarrhea- Infant and Toddlers — If your child has 3 contained diarrheas or 1 uncontained diarrhea, you will be called to pick up your child. He/she may return to daycare 24 hours after their last diarrhea.

Preschool---If your child has 1 diarrhea, you will be called to pick up your child. He/she may return to daycare 24 hours after their last diarrhea.

Vomiting- If your child vomits at daycare you will be called and asked to pick up your child within one hour. He/she may return to daycare 24 hours after the vomiting has stopped.

Coughs and Colds- Colds are common occurrences; however, there are some symptoms that may warrant keeping a child home such as excessive coughing, eye discharges, continuous crying, etc.

Excessive Coughing- If your child is incapable of doing his/her normal daily activities due to coughing; we will ask that your child be picked up until they get a doctor's excuse and or medicine to help relieve their cough.

Eye Discharge- This can be a sign of many things such as pink eye, sinus infection, allergies, etc. We will require that your child be seen by their Doctor before he or she can return to daycare. If you are given eye drops for treatment, your child must be in treatment for 24 hours before returning to daycare.

Nasal discharge- If the nasal discharge is heavy and of the color indicating an infection is present, your child must have a doctor's release in order to attend.

Continuous crying or irritability with other symptoms- If there is nothing we can do to make your child comfortable at school, we will ask that he/she be picked up.

Head Lice- If your child is found to have head lice or nits, he/she will be sent home and may not return until treated with lice killing shampoo and **free of all lice and nits**. He/she must be checked by a staff member before given the O.K. to return to daycare.

Unexplained rash- A rash may be a sign of illness. The child shall not return to daycare until he/she has received an O.K. from their doctor/health care facility.

There may be some other instances where we will request a signature from a doctor or authorized person at a health care facility which states that the child is well enough to return to daycare.

When a child returns after an illness:

- He/she must be free of fever, vomiting, or diarrhea for 24 hours prior to return (without the aid of fever reducers)

- If a child is prescribed an antibiotic, he/she must be on it for 24 hours prior to return. This means that if we call you on Monday to pick up your child and your doctor prescribes an antibiotic, your child may not return to the center until Wednesday, presuming that your child has also been symptom free for 24 hours. The prescription must be in its original container, labeled from the drug store and bear the child's name, doctor, medication name and correct dosage. Medicine from siblings and sample medication cannot be used. A medication form specifying the amount and time the medication is to be given must be filled out when your child is dropped off (ask your child's teacher for a medication form).
- If your child is taking "over the counter" medication, it must also be clearly labeled with your child's name and the dosage to be given. **We will not administer "over the counter" medication to children under the age of two without a doctor's written approval and dosage recommendation.** A medication form must be filled out for over-the-counter medications.
- If your child returns and is not 100% well, but no longer contagious, please see that we have everything to make him/her comfortable.

I have read and understand these policies for MLS, Inc. Exclusions for Illness:

Signed _____ **Date:** _____