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TO: PARENTS OF ELMBROOK HIGH SCHOOL STUDENTS GRADE 10

FROM: SCHOOL DISTRICT OF ELMBROOK

**SUBJECT: PARENT INFORMATION LETTER
HUMAN GROWTH AND DEVELOPMENT PROGRAM**

The School District of Elmbrook has implemented an elementary and secondary human growth and development program. **The program is organized into five strands: self esteem, relationships, decision making, life cycles, and abuse prevention.**

This letter provides parents with an outline of the outcomes used in the student's grade level and information regarding how the parent may inspect the complete curriculum and instructional materials.

The proposed curriculum was developed by an advisory committee of the Board of Education and approved by the Board. If you have any questions or concerns, please contact Director of Secondary Instruction, at (262) 781-3030.

All of the expectations for students are based upon a program mission statement and goals. Specific textbooks, media, and classroom activities are identified for all teachers to use.

PARENT EXAMINATION OF COMPLETE CURRICULUM AND MATERIALS

Parents are welcome to examine the complete curriculum and related materials. Each school library has two copies of the outcome. You may contact the Health teacher to preview text material. A copy of related media is also at the school library, and CAO and may be previewed there. Examination copies of the K-12 curriculum are available at the local public libraries.

PROCEDURE FOR EXEMPTING STUDENTS

Parents are urged to examine the curriculum before considering an exemption request for their children. **Exemption requests must be in writing.** A special form is available from the school principal for this purpose or, at the following link www.elmbrookschoools.org/HGDPolicy. Parents shall forward the completed and signed form to the respective school principal. The principal shall consult with the teacher involved to plan alternative lessons. Parents will be notified of the completion of the plan for the alternate lessons and the approximate time of the year.

CURRICULUM OUTLINE

MISSION STATEMENT

The School District of Elmbrook recognizes the primary role that the family plays in developing values, attitudes, and behavior. The District believes that a sound K-12 program of instruction in human growth and development will enhance the efforts of the family and facilitate the development of positive student self-esteem, a sense of personal responsibility, and the ability of students to make rational and intelligent decisions. The District further believes that the information provided and the knowledge and skills acquired in this program will enable students to make decisions regarding their own attitudes and behavior that enhance the well-being of the individual, the family, and society.

SUMMARY OF GRADE 10 HG&D STUDENT OUTCOMES

At the high school level, human growth and development is taught in Health 10. The health class is a semester course, which students will take during one semester of the 10th grade. The human growth and development work in the tenth grade health curriculum focuses on the transition from adolescence to adulthood in the areas of self esteem, decision making, relationships, and life cycles.

HEALTH 10 (a required semester course scheduled during each semester of the year)

Note: HG&D instruction is taught during the last quarter of the course.

ABUSE PREVENTION/INTERVENTION

- identify abusive relationships and recognize strategies to deal with them.
- identify sexual discrimination and harassment and recognize strategies to deal with them.
- identify assault situations and strategies to deal with them.
- identify the types and traits of a rapist.
- identify strategies to prevent assault.
- identify resources for victim aftermath,
- demonstrate strategies to deal with assault.

LIFE CYCLES STRAND

- identify and describe the relationship between self esteem, decision making, and sexual responsibility and sexual orientation.
- identify the available methods of birth control, including abstinence.
- identify the various STD's including HIV, HbV, and HPV.
- distinguish between bacterial, viral, parasitic, and fungal STD's.
- identify the differences in treatment, whether the STD's are curable or treatable.
- identify the ways that STD's can be transmitted and prevented.
- identify the effects of contracting an STD could have on self, spouse, family, friends, and community.
- review the anatomy and function of the male and female reproductive system.
- review the general stages of fetal development including birth.
- identify the personal, societal, legal, and economic ramifications of teen sexual activity and pregnancy.
- identify the resources and options available in the event of teen pregnancy.
- identify the physical, social, and emotional benefits and challenges of abstinence and the ramifications of teen sexual activity and teen pregnancy for both males and females.

DECISION MAKING STRAND

- list and describe three types of decisions people often need to deal with.
- Apply the 5-step process for making decisions to various situations.

SELF-ESTEEM STRAND

- identify and describe the components of assertive communication and refusal skills as related to sexual responsibility.

RELATIONSHIPS STRAND

- describe the changes that occur in family relationships during the life span of the family.
- describe the different kinds of relationships and how they develop and change.

- identify and describe components of successful marriages and components that lead to risk in marriage.