



## KIDS COURSE SELECTION GUIDE

Registration opens Friday, March 16

Dear Brookfield Elementary families,  
Great news! High Interest Day is right around the corner.  
**Mark your calendar for Friday, April 27.**

### what is High Interest Day?

Every year the PTO sponsors and coordinates more than 50 talented instructors to teach a variety of classes outside the usual curriculum. All of our students are given the opportunity to not only "see and hear" but also "touch and feel" areas of special interest.

### what do we do first?

Please take time to look over the class list with your child and choose 12 classes, in order of interest, below. This PDF booklet contains the list of 62 classes, beginning on Page 2. (Note: there are 8 pages in this document, so scroll down!) Each student will participate in 5 classes on that day, but we ask that each student registers for 12 classes as they do fill up quickly.

### when and how do we register?

You register online to sign-up. A link to that registration form is below. Every child must be registered using this form.

**We need EVERY student to register online no later than 5 pm Friday, March 23. All responses received by midnight on Friday, March 16 will be counted as arriving on the first day of registration and give you optimum advantage of getting your top five choices.** Classes fill up fast, so register early. If you don't fill out a form, we will select 5 fun classes for your child.

**what else?** EVERY student must complete the parental permission and allergy information sections regardless of class choices. Classes that contain food or live animals are listed in class descriptions. Any student with an allergy/medical concern must indicate that when registering for ANY HID classes. If you know you will be absent on HID, there is a section for you to indicate that on the form as well. All classes require a parent/guardian's permission. By signing your students up online, you are granting permission for your child to participate in those classes.

Please wear appropriate attire, including gym shoes. Some classes are scheduled to take place outside and will be held even if inclement, but not threatening, weather exists. **Students will receive their schedules the morning of High Interest Day, April 27.** We're so happy to bring High Interest Day to the students of Brookfield Elementary! We thank Dr. Westfahl and our entire staff for support. And, we can't do it without Karen Hamilton and Stacy Damuth!

### Your HID Committee:

*Amy Bluhm, Tracey Brand, Jen Citti, Anney Fahrenholz, Marianne Foster, Betsy and Mike Heun, Jen Hoffe, Kelly Huegerich, Kristin Jensen, Amy Piurkowski and Jen Roskopf*

### Volunteer!

**We need lots of volunteers to make this day a success!  
Watch for sign up info coming April 17**

Questions? Email

Tracey Brand: [tntbrand@hotmail.com](mailto:tntbrand@hotmail.com)

Registration is Friday, March 16 to  
Friday, March 23

[click here to go to online registration](#)

1. **Beading Memories** - Come bead with us and make your own beaded bracelet. Customize however you want it! Make it flashy or design it after your favorite sports team! Join Mrs. Gaulke and Mrs. Weiner for this fun and creative class. No beading experience needed. **(Grades 3-5)**
2. **(NEW!) Blooms and Bookmarks** - Join Mrs. DeRosa (Lucas and Layla's mom), Mrs. Walter (Claire and Ryan's mom) and Mrs. Kotsonis (Nick's mom) to create a succulent sensation. Using a mason jar you will be able to plant your own succulent garden to take home. After you're done you will have time to make your own bookmark. Relax at home with your new bloom and a good book! **(Grades K-5)**
3. **Boot Camp** - Get ready for the ultimate fitness challenge when you test your agility, strength, speed and endurance...relay race style! Mrs. Mueller (Mason and Jaxon's mom) will show you just how tough you really are. **(Grades K-5)**
4. **(NEW!) Brown Dog Gadgets** - Get inspired to make your own awesome project using electric circuits. Build a bristlebot out of a toothbrush, or a light-up animal with copper wiring. Do you believe that electricity can pass through playdoh? Come see for yourself. No matter what you choose, you will take home your electrical creation. You don't want to miss this fun class with 4th grade teacher Mr. Gimla and 3<sup>rd</sup> grade teacher Mr. Karbowski. **(Grades 3-5)**
5. **C.S.I. (Crime Scene Investigation)** - Want to learn about a day in the life of a Forensic Investigator? Mike Martin from the Milwaukee County Medical Examiner's office will show 4<sup>th</sup> and 5<sup>th</sup> graders (using age appropriate material) how a crime is solved with the use of physical evidence and police teamwork. Kids will be fingerprinted and have a chance to interact with evidence. Think you have what it takes to solve a crime? Then this class is for you! **(Grades 4-5)**
6. **Canvas Art** - Have you ever wanted to make your own masterpiece? Mrs. Zamansky and Mrs. Leach (Gabi's Mom & Grandma) will walk you through creating your own canvas artwork. No experience necessary - great opportunity for artists of all abilities to show their creative side. **(Grades K-5)**
7. **Caving Crawl Maze** - Take the Caving Challenge with Mr. Abbrederis from Midwest Speleo Cave - and learn facts about underground caving! You will enter a caving simulator and navigate through the tunnel by contorting your body in order to traverse the challenging path, enhancing problem-solving abilities and stimulating the mind. **Warning - Children who are claustrophobic or have medical problems should not participate in this activity. (Grades K-5)**
8. **Chess** - Kings, queens, bishops, rooks and pawns...Check! It doesn't matter if you are brand new to the game or a seasoned Chess master. Join Mr. Ebenezer (Ananya's dad) as he demonstrates strategies sure to make you a gamer! All abilities welcome . . . checkmate! **(Grades K-5)**
9. **Cold Blooded Wonders** - Who is David Stokes? He is a Wisconsin Association for Environmental Education Teacher of the Year and winner of the "Aldo Leopold" award. He sings and engages audiences of all ages in nature study. Using live creatures and animal artifacts, songs and short stories, David gets down with his audiences and makes learning fun! **(Grades K-5) Live Animals will be part of this class.**
10. **Collecting Sports Cards** - Calling all sports fans and collectors! This class covers the history of cards, how to collect and take care of cards, the value of cards, and some SURPRISES! Learn from the expert, Mr. D'Amore, owner of "Name That Card Sports cards" **(Grades 2-5)**

11. **(NEW!) Come Code with Me-** If you're interested in trying coding and exploring coding resources, then Come Code with Jessica Ebert, Brook El's tech expert! There will be challenges and activities using coding robots and materials like Ozobots, Bee-bots, Spheros, Makey-Makey, coding websites and coding games. You can be new to coding or an experienced coder. Come ready to use your imagination and learn about the world of coding! **(Grades 2-5)**
12. **(NEW!) Creative Drama –** This class is for the budding actor or actress! Sunset Playhouse invites you to experience the fun of theatre and performing arts. Through the use of improvisation and movement exercises, young actors will use their imagination to participate in a variety of theatre games and activities based on a classic children's book. **(Grades K-2)**
13. **(NEW!) Creative Storytelling with Gnat & Corky -** This is your opportunity to work with a published artist and book writer who creates stories and illustrations about real kids. Gnat and Corky will show you a few of their published books before helping you act out, write and illustrate your own short story. **(Grades K-5)**
14. **Digital Photography World –** Strike a pose! Under the guidance of our own Mr. Grajkowski, fifth grade students will work in pairs to document High Interest Day 2018 using digital cameras. A slideshow will be created from your photos to show at the Fifth Grade Farewell and on the Bobcat Broadcast on the last day of school. Participants will receive a CD of the finished presentation. **(Grade 5 only)**
15. **Doctor, Doctor –** Come check out the tools of the medical trade! Learn about and test out some of the equipment your doctor uses to keep you healthy with Dr. Lindberg (Maddie and James' dad). Don't worry, no shots will be given in this class but you can find out what shots are for and what they can prevent! **(Grades K-5)**
16. **Drums Around the World -** Students will have a hands-on experience playing cultural drums from throughout the world with Mr. Kuliga from White House of Music. You will have an opportunity to learn about rhythms, people, and other cultures by way of drums, masks, clothing, books, stories and other resources in a fun group setting. **(Grades 2-5)**
17. (Space intentionally left blank)
18. **Flashy Flip Flops –** Get your feet ready for summer with Mrs. Larson (Katie and Morgan's mom). They will show students how to change plain rubber flip flops into a fashion statement. Flip Flops and FLASH provided. **(Grades K-5)**
19. **(NEW!) Fly Fishing –** What kind of fish can you catch fly fishing? Take this class to find out! Mr. Koltz (Hallie and Addies's dad) of Trout Unlimited will teach you everything you need to know about fly fishing like tying flies and casting! **(Grades K-5)**
20. **Fondue It Yourself -** Cheesy, chocolatey, ooey-gooney goodness from the fondue pros at the Melting Pot! Learn to make cheese fondue dipped with apples, bread cubes and veggies, or a delicious chocolate fondue flambeed (by the instructor) dipped with fruits, brownies and marshmallows! **(Grades K-5) Contains food.**
21. **For Pet's Sake -** Calling all pet lovers!! Megan with Waukesha HAWS (Humane Animal Welfare Society) will demonstrate safe pet care with some of the available animals at the shelter. Get ready for cuteness overload! **(Grades K-5) Live animals will be part of this class.**

22. **(NEW!) Fore!** – Beginners and experienced golfers are welcome to join Mrs. Dodd (Bela’s Mom) in this class about golf. You will learn the basics of the game, key rules, etiquette and swing fundamentals. You will also get a chance to use your new skills to hit golf balls! **(Grades 2-5)**
23. **Glass Art** - The artists at Soul Fire Art Studio will teach you the art of fusing glass. You will learn how to use tools to cut glass into different shapes and layer the glass artfully before it melts together in the kiln. Each student will make their own beautiful piece to take home. **(Grades K-5)**
24. **Heart Smart** – Have you ever wondered what makes your heart tick? Here is your chance to dissect a real cow's heart and learn how YOUR heart works! Check your own oxygen level with a pulse oximeter and see what smoking and pollution can do to your lungs and what a difference clean, healthy lungs look and feel like. Dr. Brand (Ellie’s dad) and Dr. Brueggeman (Bella, Anya & Sophia’s mom) will teach you what you can do to keep your heart and lungs healthy. **(Grades 4-5)**
25. **Henna Happy** – Here’s an opportunity to learn Mehendi, the art of henna application on your hand from Mrs. Kekane and Mrs. Zaibak (Omar’s mom). This method of temporary skin decoration has been practiced in Northern Africa, the Middle East and Southern Asia and is gaining popularity around the world. You will also decorate a bookmark with your name in Arabic, see traditional regional costumes and sample mint tea. Best of all, this year you will take home a henna cone to practice at home! **(Grades 2-5)**
26. **Hip Hop** – Have you ever been amazed by the dancers on America’s Got Talent? Then try this class which teaches breakdancing, tricks and choreography to age appropriate music! Hip Hop classes benefit growing kids and may be one of the secrets to successful athletic performances in many sports. One of Brookfield’s Center for the Arts fabulous instructors will host this energetic class! **(Grades K-5)**
27. **Hockey** – Grab your stick and puck and learn how to score a hat trick! Join Elmbrook Youth Hockey Association and have fun learning new skills and techniques! Try out this fun class with Mrs. Dowdy (Vince’s mom) while learning more about the basic rules and equipment **(Grades K-5)**
28. **(NEW!) Hogwarts is in Session!** - Come through Platform 9 3/4 and join Professor McGonagall - Mrs. Weitzer (Noah’s Mom) as you test your wizard skills. There will be classes in Herbology and Potions and maybe if you're brave enough, even Defense Against the Dark Arts. Wizards, Witches and Muggles are all welcome. **(Grades K-5)**
29. **(NEW!) Horsing Around** – It’s time to saddle up for an exciting class for the horse lover. Mr. and Mrs. Koremenos (Kaitlyn and Lauren’s grandparents) will teach you how to care for a horse as well as how to use all of the gear and equipment, such as halters, bits, bridles, and saddles. Yeehaw! **(Grades K-5)**
30. **Ice Cream in a Bag** - Have you ever made ice cream? In this class Mrs. Goddard (Evan, Jackson and Emma’s mom) and Mrs. Polkowski (Luke’s mom) will show you how to start with simple ingredients and shake them into ice cream! As you make the ice cream you’ll learn the science of what’s happening before your eyes. Of course, when our experiment is complete, you will have to add toppings and see how it tastes! **(Grades K-5) Contains food.**
31. **Improv** - Alright...let’s “break a leg!” This class will teach you how to conquer theatrical improvisation. Improv means to create unscripted stories, scenes, or characters in the moment and

on the spot. This class will introduce you to the “rules” of improv and have you participate in fun improv games all directed by the wonderful staff at Sunset Playhouse. **(Grades 3-5)**

32. **Irish Dance** – Are you amazed by the talent of Irish Dancers? Come and give it a try! Trinity’s one-of-a-kind dance program will teach you traditional steps and skills, a performance routine and even teach you a few Gaelic words too! **(Grades K-5)**
33. **(NEW!) Jazz** – Ever find yourself tapping to the beat of a good song? Then sign up for this class and dance your way through 50 minutes of pure fun! Brookfield Center for the Arts will coach you through classic jazz moves and steps. **(Grades K-5)**
34. **(NEW!) Jedi Academy** - Calling all Star Wars fans! Learn more about the Star Wars characters and have your picture taken with one of them! This exciting new class will be presented by Mr. Koremenos (Katelyn and Lauren’s dad). May the force be with you! **Contains food (Grades K-5)**
35. **Lacrosse** – Try out this exciting popular sport! If you like soccer, hockey or football, you should give lacrosse a try! Grab your crosse, toss the ball and score a goal. Learn about this sport from former Brookfield Elementary students (the Birt family) and the Brookfield Lacrosse Association. **(Grades K-5)**
36. **Lancerettes** – Do you like to dance? Do you want to learn to dance like the Brookfield Central Lancerettes? Let some of the dancers teach you how to dance, jump, leap and twirl while you learn a fun routine. **(Grades K-5)**
37. **(NEW!) Lego City** – Attention future architects and Lego lovers! This is a hands-on class where students will use Legos and K’Nex to build specially designed model cities. You will explore the world of engineering and architecture. Get ready to build cars, houses, businesses and bridges. Collaborate with your classmates to see where your imagination takes you! **(Grades K-5)**
38. **Lifestyle Challenges** – Experience the challenges that people with disabilities face every day. See if you can move through an obstacle course in a wheelchair, learn to walk with crutches or a walker, try balancing on a large exercise ball or a scooter board. Work with Dr. Goodfriend (Carolyn’s mom) to understand the lifestyle challenges facing someone you may know. **(Grades K-5)**
39. **Lights! Camera! Action!** – Calling all Singers, Actresses and Actors! Experience the “Welcome to the Jungle” theatre class. Brookfield Center for the Arts will be teaching you songs and dances from some of your favorite Disney movies like “The Jungle Book,” “Madagascar” and “The Lion King.” Get ready to unleash your inner animal! **(Grades K-5)**
40. **Lotion Laboratory** - Water and oil don’t mix, right? Mrs. Kallie & Mrs. Weber (Ashton’s grandma and mom) will show you how cosmetic chemists make these two ingredients hold together. Learn about your skin - the body’s major organ - and how to keep it healthy. Make a lotion, fragrance it, and take it home! **(Grades K-5)**
41. **(NEW!) Meteorologist for a day**- Are you interested in finding out how meteorologists predict the weather? Do you wonder what causes the weather to change or how tornadoes form? This is your opportunity to learn about the weather from award-winning meteorologist Sally Severson from WISN news. Mrs. Severson will provide interactive weather demonstrations sure to blow your mind! **(Grades K-5)**

42. **(NEW!) Motors & Magnets** – Look around and you will see mechanical movement everywhere. Clocks, fans and even your favorite toy may have a motor in it. But, how do motors work? Mr. Pottenbaum (Caleb’s Grandpa) will show you how magnets are the driving force behind the motors you see everywhere! **(Grades K-5)**
43. **(NEW!) Ninja Warrior** – Don’t the athletes on American Ninja Warrior inspire you? Being a ninja warrior starts with mastering your natural movements such as jumping and vaulting through challenging obstacles. Come and check out Elite Tumbling Factory’s, Mr. Phomduangsy, as he teaches you the tricks of mastering your own movement! **(Grades K-5)**
44. **Origami** – Would you like to learn some great origami to amaze your friends and family? Join Ms. McDowell from The Learning Shop and watch an ordinary piece of paper transform into a three dimensional form! She will supply papers of all patterns and colors and demonstrate for all skill levels. **(Grades 1-5)**
45. **Pillowcase Art** – Pleasant dreams await you on your very own creation. Design art for your pillowcase while Mrs. Coombs (Brooke and Lauren’s mom) assists you with your artistic expression. **(Grades K-2)**
46. **(NEW!) Police Academy** – Are you interested in the duties of a police officer? While attending this class you will learn about this rewarding job with one of Brookfield’s finest Officer Carol. You will learn about personal safety, crime prevention and finger printing. Come prepared to become an officer for the day! **(Grades K-2)**
47. **(NEW!) Painting: Abstract Art in Action** – Join Brook El’s art teacher Mrs. Wolf to learn more about abstract art and artists. Students will learn fun and active painting techniques like pendulum painting, flip cup painting, spin-art and more! **(Grades K-5)**
48. **Pretzels & Smoothies** – It's time to shake and bake with Mrs. Lindstedt (Tess and Tucker’s mom) and Mrs. McMahon (Alex’s mom). Students will learn how to make the most delicious snacks. Shake your smoothie and bake your pretzel dough for a fun, healthy snack. **(Grades K-5). Contains food.**
49. **Prima Princess Ballerina** - Learn the story of one of the major ballets (Cinderella, Swan Lake) and go on a magical journey! Join Ms. Kim, Owner of Studio VIA, as she teaches you various ballet steps and creative movement to participate in your very own fairy tale. Each student will get to make their own personalized Princess Ballerina Tutu to take home! **(Grades K-2)**
50. **Self Defense** - Learn cool moves to protect yourself in a variety of situations, while respecting others. Master Lee, a 6th-Degree Black Belt instructor for Martial Arts United, will teach you how to move like Po in Kung Fu Panda! Learn how to escape and block a variety of holds, kicks and punches. We will even play a traditional Korean game at the end! Both girls and boys will benefit from this life skill opportunity! **(Grades K-5)**
51. **Sewing** - Here's your chance to learn a valuable skill and make your own creation. Mrs. Galow (Vivienne’s mom) will teach you how to sew your own stuffed animals to snuggle. Everyone will come home with a completed sewing project! **(Grades K-5)**
52. **(NEW!) Slime Lab** - Come join 3<sup>rd</sup> grade teachers Mrs. Russell and Mrs. Erickson as they make and explore many types of slime. Examine how simple ingredients can be mixed together to form a new

independent substance with unique chemical properties! You will leave with a slime of your choice!! **(Grades K-5)**

53. **Soccer** – Do you want to learn a few new soccer skills? Join Mr. Coraggio (Sam's dad) & Mr. DeRosa (Lucas and Layla's dad) for some new techniques and tricks. **(Grades K-5)**
54. **Stained Glass Tiles** – Create your very own stained glass tile using a rainbow of colored glass paints. Choose from dozens of new clip art designs or draw and paint your own masterpiece. Mrs. McMath (Miles and Malin's mom) and Mrs. Seifert (Jacob & Ryan's mom) will teach this popular class. **(Grades 1-5)**
55. **(NEW!) Stitch it** - Do you like to create things? Do you like to give homemade gifts? How about making something out of a needle and thread? If you can tie shoes, you can sew! Join Dr. Fortuna (Audrey and Russell's mom) to learn how. Bring your creative brain and get ready for a surprise creation that will amaze you! **(Grades K-5)**
56. **Tae Kwon Do** – Have fun learning martial arts and channeling your inner ninja with J.K. Lee! Tae Kwon Do teaches many life skills, such as how to be a good listener and to show respect for parents and teachers. J.K. Lee also teaches kids how to deal with bullying behavior using verbal self-defense. You can learn some cool kicks and blocks too! **(Grades K-5)**
57. **Tennis** - Tennis anyone? Test your backhand or volley against members from Brookfield Central's tennis team and Coach Dave Steinbach. You will learn the fundamentals of tennis along with some fun drills and games! **(Grades K-5)**
58. **Tie-Dye T-Shirts** – Create your favorite summer t-shirt while learning about classic tie-dye folds and patterns! Mrs. Hansen (Allissa's mom) will guide you through the tie-dye process and help you to create a unique design of your own to wear. **(Grades K-5)**
59. **Ultimate Frisbee** - This beginner class will teach the skills of throwing and catching a Frisbee with Mr. Sereg. Students will also get to try out their skills by playing a game of Ultimate Frisbee! **(Grades 4-5)**
60. **Video Commercials: Quips, Clips & Cuts** - Learn the essentials of video scripting, filming and editing in this all new session from Lessiter Media (operated by former Brookfield Elementary students' dad and Grandpa). In this hands-on workshop, taught by video guru Mr. Lazewski (back by popular demand!), you will join the "Brookfield Elementary Ad Agency" as its highly creative crew pulls together to produce a fun and impactful "TV video commercial" that will be posted online! Includes messaging, storyboarding, directing, acting, filming, editing and posting - all in a fast paced, ON DEADLINE session! **(Grades 3-5)**
61. **Volleyball** – HIT, JUMP, SPIKE, SET and SERVE in the power alley with fifth grade teacher Mrs. Polowy! Take your game from Jungle Ball to Volleyball with tips on all of the above. **(Grades 3-5)**
62. **Woodworking** – Join our 3rd grade teacher Mr. Hoffe (Brooklyn and Emmett's dad) as he guides students through the process of building with wood. Students will assemble, hammer, and sand their own take-home project! **(Grades K-5)**

63. **Yoga** - Find your ZEN with Mrs. Kroening (Haley's mom) as she leads you through different yoga moves. Be ready to experience an inner calming with her yoga techniques and positions. A fantastic class to begin your yoga journey! **(Grades 2-5)**

